

## Dr. Michael A. Kurzman

Staten Island, New York  
Bayside, New York

### ASK DR. KURZMAN

#### WHAT IS UNIQUE ABOUT YOUR SKIN-CARE LINE?

I offer my own line of skin-care products under the Michael Kurzman (MK) Skincare brand, all of which are made from plant extracts, for an all-natural approach to wrinkles, acne, sun damage and beautiful, luminous skin.

#### HOW WOULD YOU DESCRIBE YOUR STAFF?

We have assembled a knowledgeable group of friendly, highly trained professionals who enhance the standards I have set. They uphold my beliefs about patient care and beauty.

#### HOW DO YOU APPROACH PATIENT CARE?

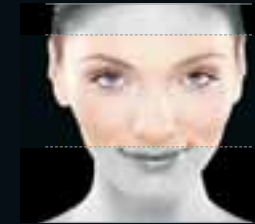
Every one of our patients is treated as a person—not “the 9 a.m. filler.” Getting to know the patients on a personal level and treating them compassionately is where I derive most of my satisfaction.

#### WHY DO YOU MAINTAIN A CONSERVATIVE PHILOSOPHY?

I am a proponent of natural beauty that promotes individual character because I believe that cosmetic dermatology should enhance, rather than mask, patients' distinguishing features.

### Complete facial makeovers

To restore a youthful appearance, Dr. Kurzman takes a comprehensive approach to facial rejuvenation. He asks for detailed patient input to find out what the primary concerns are. While this helps him prioritize the course of treatment, it doesn't end there. “If a patient wants to fix one line, and I know that fixing that one line might make other parts of the face look worse, I recommend appropriate treatments to address the whole face to ensure the best outcome,” Dr. Kurzman says. With a variety of techniques and treatments available, Dr. Kurzman can customize a combination of therapies to suit each individual patient. “While there is no substitute for surgery, I can use various injectables, like Botox®, Dysport®, Sculptra® Aesthetic, Perlane®, Restylane® and Radiesse®, to plump out sunken features, relax expression lines and undo the effects of time,” he says. Other methods involve photorejuvenation such as IPL™ treatments to eliminate redness, rosacea, brown spots and sun damage.



PREVENTION

#### IS THERE A MINIMUM AGE TO TREAT THE SIGNS OF AGING?

No. In fact, it's always better to start early. That's why we tell younger people in their teens, 20s and 30s to use sunscreen and antioxidants every day to prevent skin damage and fine lines. It's also a good idea to consult with a dermatologist when you start to lose volume and lines are forming. Someone in their 30s might come in and say, “I'm still too young for treatment, right?” Quite the contrary; if visible signs are already there, you want to prevent further volume loss and/or lines from getting more noticeable. The longer you let those concerns stay there, the more treatment they will need later.

“my experience, honesty,  
and skill define my practice”

FOR DR. MICHAEL A. KURZMAN, THE EVER-EXPANDING FIELD OF DERMATOLOGY AND THE PUBLIC'S PURSUIT OF HEALTHY, YOUTHFUL SKIN HAS HIM EXCITED ABOUT THE FUTURE OF DERMATOLOGY. “AFTER 25 YEARS, IT HAS NEVER BEEN MORE EXCITING TO BE A COSMETIC DERMATOLOGIST,” HE SAYS. “WHEN I FIRST ENTERED THE FIELD, THERE WERE ONLY A COUPLE OF LASERS AND COLLAGEN ON THE MARKET. TODAY, THE OPTIONS ARE MUCH MORE EXPANSIVE.”

### MEET THE EXPERT

## Dr. Michael A. Kurzman

American Board of Dermatology  
American Board of Internal Medicine

#### SERVICES OFFERED

Skin Rejuvenation  
Aesthetic Injectables:  
Botox  
Dysport  
Restylane  
Perlane  
Radiesse  
Sculptra  
Facial Rejuvenation  
Laser Hair Removal  
General Dermatology

#### ABOUT DR. KURZMAN

##### WHAT ANTI-AGING ADVICE DO YOU GIVE PATIENTS?

Use sunscreen and antioxidant products daily and avoid tanning booths and smoking.

##### HOW WOULD PATIENTS CHARACTERIZE YOU?

They would say I'm a good listener and very low-key and reassuring.


##### DO YOU DO ANY CONTINUING EDUCATION?

I teach residents and lecture at Staten Island University Hospital. When I'm speaking to other physicians and residents, they ask a lot of questions and keep me on my toes. It keeps me learning and keeps me sharp.

**MEDICAL DEGREE**  
New York Medical College

**LOCATIONS**  
Staten Island, New York  
Bayside, New York

**CONTACTS**  
718.317.0941  
718.464.0109

 To learn more about the practice visit  
[drmichaelkurzmanmd.com](http://drmichaelkurzmanmd.com)